

## KEY PRINCIPLES - CONNECTING MY MIND WITH MY LIFE

KEY PRINCIPLE 1: WHAT YOU PUT INTO YOUR MIND IS WHAT WILL COME OUT OF YOUR LIFE.

KEY PRINCIPLE 2: IF YOU LEAVE GOD AND HIS WORD OUT OF YOUR THINKING PROCESS, THEN YOU WILL ALWAYS BE HEADED IN THE WRONG DIRECTION.

KEY PRINCIPLE 3: THE MORE THAT YOU THINK LIKE GOD THINKS, THE LESS COMPLICATED LIFE BECOMES BECAUSE THE WISDOM OF GOD IS NEVER COMPLICATED.

KEY PRINCIPLE 4: IF YOUR CHRISTIAN LIFE IS DISCONNECTED FROM GOD AND HIS WORD, THEN IT WILL NOT WORK.

KEY PRINCIPLE 5: YOU CANNOT CONTROL ALL OF THE NEGATIVE AND UNDESIRABLE CIRCUMSTANCES OF YOUR LIFE, BUT YOU CAN CONTROL HOW YOU RESPOND TO THEM.

KEY PRINCIPLE 6: YOU HAVE TO LET THE TRUTH DEAL WITH YOU AND CREATE GODLY TENSION IN YOUR LIFE WHEN IT IS NOT OBEYED.

KEY PRINCIPLE 7: WHAT YOU CONTINUE TO PUT INTO YOUR MIND FROM GOD'S WORD WILL EVENTUALLY BECOME LIFE TRANSFORMING TRUTH THAT YOU BELIEVE.

KEY PRINCIPLE 8: YOUR FUTURE, EITHER GOOD OR BAD, WILL BE A BY-PRODUCT OF HOW YOU THINK TODAY.

KEY PRINCIPLE 9: YOU GROW SPIRITUALLY BY ALLOWING YOUR LIFE TO BE STRETCHED, PUSHED, AND ENLARGED IN DIFFERENT AREAS.

KEY PRINCIPLE 10: YOUR MIND IS WHERE YOU WIN THE WAR THAT IS GOING ON IN YOUR MIND.

KEY PRINCIPLE 11: GOD'S TRUTH HAS TO BE BELIEVED AND THEN APPLIED TO YOUR LIFE TO BE EFFECTIVE.

“KEY” PRINCIPLE 12: THE “KEY” THAT UNLOCKS THE POWER AND WISDOM OF GOD FOR YOUR LIFE IS ALWAYS A SPECIFIC TRUTH IN THE WORD OF GOD.

KEY PRINCIPLE 13: YOU THINK A CERTAIN WAY AND THEN YOU BECOME A CERTAIN KIND OF PERSON.

KEY PRINCIPLE 14: YOU MUST LEARN HOW TO BECOME COMFORTABLE BEING UNCOMFORTABLE.

KEY PRINCIPLE 15: WHAT AND HOW YOU THINK WILL ALWAYS INFLUENCE AND DETERMINE HOW YOU LIVE.

KEY PRINCIPLE 16: WHEN YOU RENEW YOUR MIND WITH THE WORD OF GOD, GOD WILL TRANSFORM YOUR LIFE.

KEY PRINCIPLE 17: THE MORE YOU GIVE YOUR MIND TO THE THINGS OF THE WORLD, THE LESS YOU WILL GIVE YOUR MIND TO THE THINGS OF GOD.

KEY PRINCIPLE 18: ONCE GOD HAS CHANGED YOUR CHARACTER THROUGH YOUR DIFFICULT CIRCUMSTANCES, THEN HE IS FREE TO CHANGE YOUR CIRCUMSTANCES.

KEY PRINCIPLE 19: WHAT GOD IS DOING IN YOU IS MUCH GREATER THAN WHAT IS HAPPENING TO YOU.

KEY PRINCIPLE 20: YOU CANNOT RESOLVE A PROBLEM UNTIL YOU ACCEPT IT TO BE A PROBLEM.

KEY PRINCIPLE 21: YOU CANNOT IMPROVE ON GOD'S SOLUTIONS FOR YOUR PROBLEMS.

KEY PRINCIPLE 22: YOU MUST DO THE SMALL THINGS RIGHT IF YOU WANT THE BIG THINGS RIGHT.

KEY PRINCIPLE 23: YOUR LIFE IS ALWAYS HEADED IN THE DIRECTION OF YOUR DECISIONS AND VALUES

KEY PRINCIPLE 24: A “SPIRITUAL MINDSET” IS WHAT GOD USES TO HELP YOU FLOURISH DURING THE MOST DIFFICULT TIMES IN YOUR LIFE.

KEY PRINCIPLE 25: DETERMINE THE RIGHT THINGS TO DO, THEN DO THE RIGHT THINGS RIGHT.

KEY PRINCIPLE 26: ALLOW GOD TO CONTROL YOUR MIND SO THAT YOUR MIND DOES NOT CONTROL YOU.

KEY PRINCIPLE 27: YOU CAN NEVER BECOME WHAT GOD WANTS YOU TO BECOME BY REMAINING LIKE YOU CURRENTLY ARE.

KEY PRINCIPLE 28: GOD'S WORD ALWAYS REVEALS WHAT IS RIGHT ABOUT YOUR LIFE AND WHAT IS WRONG ABOUT YOUR LIFE.

KEY PRINCIPLE 29: PRE-DECIDE HOW GOD WANTS YOU TO RESPOND TO A DIFFICULT CIRCUMSTANCE BEFORE IT EVER HAPPENS.

KEY PRINCIPLE 30: GOD'S TRUTH IS ALWAYS CONFRONTATIONAL TO THE PERSON WHO DOES NOT WANT TO OBEY IT.

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KEY PRINCIPLE 31: THE MORE YOU IGNORE GOD'S WORD, THE MORE YOU WILL IGNORE GOD.

KEY PRINCIPLE 32: YOU CANNOT LIVE A GODLY LIFE IF YOU HAVE AN UNGODLY MIND.

KEY PRINCIPLE 33: THE STRENGTH OF SATAN IS HIS LIES AND OUR WEAKNESS IS THAT WE BELIEVE HIS LIES.

KEY PRINCIPLE 34: WHO YOU BELIEVE AND WHAT YOU BELIEVE WILL SHAPE AND DETERMINE THE DIRECTION OF YOUR LIFE.

KEY PRINCIPLE 35: WHATEVER YOU ARE THE MOST INTENTIONAL ABOUT IN YOUR LIFE WINS.

KEY PRINCIPLE 36: IF YOU CHOOSE NOT TO THINK LIKE GOD THINKS, THEN YOU BECOME RESPONSIBLE FOR THE CONSEQUENCES OF THAT CHOICE.

KEY PRINCIPLE 37: WHEN YOU LACK SELF CONTROL IN YOUR SPEECH, IT MEANS THAT YOU LACK UNDERSTANDING IN YOUR MIND.

KEY PRINCIPLE 38: WHEN YOU ALLOW GOD'S WORD TO CONTROL YOUR THOUGHTS, IT WILL ALSO CONTROL YOUR SPEECH.

KEY PRINCIPLE 39: THE RIGHT WORDS SPOKEN THE RIGHT WAY AT THE RIGHT TIME PRODUCE THE RIGHT RESULTS.

KEY PRINCIPLE 40: IT IS JUST AS EASY TO MAKE THE GODLY CHOICE AS IT IS TO MAKE THE UNGODLY CHOICE,

KEY PRINCIPLE 41: NEVER LET A STRESSFUL CIRCUMSTANCE DICTATE HOW YOU RESPOND TO THAT CIRCUMSTANCE.

KEY PRINCIPLE 42: YOU ARE RESPONSIBLE TO CONTROL BOTH YOUR THOUGHT LIFE AND YOUR EMOTIONS.

KEY PRINCIPLE 43: BECOMING SPIRITUALLY AND MENTALLY STRONG IS NEVER AN ACCIDENT, BUT A CHOICE.

KEY PRINCIPLE 44: IF WHAT YOU ARE THINKING IS NOT GOOD, THEN CAST IT DOWN AND DO NOT SAY ANYTHING ABOUT IT.

KEY PRINCIPLE 45: YOU HAVE TO CHOOSE WHAT YOU WANT FOR YOUR LIFE – GOD'S BEST OR YOUR BEST.

KEY PRINCIPLE 46: WHATEVER GOD ASKS OF YOU, HE WILL ALWAYS GIVE YOU THE POWER TO ACCOMPLISH.

KEY PRINCIPLE 47: UNTIL YOU CHOOSE TO CHANGE A NEGATIVE DIRECTION, YOUR LIFE WILL CONTINUE TO MOVE IN A NEGATIVE DIRECTION.

KEY PRINCIPLE 48: THE STRENGTH OF YOUR SPIRITUAL MINDSET ALLOWS YOU TO THRIVE DURING THE MOST DIFFICULT MOMENTS OF YOUR LIFE.

KEY PRINCIPLE 49: THE RESULTS YOU ARE GETTING OUT OF YOUR LIFE ARE A DIRECT RESULT OF THE THOUGHTS YOU ARE PUTTING INTO YOUR MIND.

KEY PRINCIPLE 50: IF SOMETHING IS NOT RIGHT IN YOUR HEART, IT IS BECAUSE SOMETHING IS NOT RIGHT IN YOUR MIND.

KEY PRINCIPLE 51: THE MORE YOU THINK ABOUT GOD'S TRUTH IN YOUR MIND, THE MORE GOD'S TRUTH ACTUALLY GROWS IN YOUR BRAIN.

KEY PRINCIPLE 52: WHAT YOU THINK ABOUT THE MOST TODAY WILL BECOME WHAT YOU SAY AND DO THE MOST TOMORROW.

KEY PRINCIPLE 53: YOUR MIND IS THE ENEMY'S GATEWAY INTO YOUR LIFE.

KEY PRINCIPLE 54: THE MORE YOU DWELL ON A THOUGHT, THE MORE IT WILL INFLUENCE YOUR DECISIONS.

KEY PRINCIPLE 55: YOU MUST MENTALLY PREPARE YOURSELF TO LIVE OUT THE CHRISTIAN LIFE.

KEY PRINCIPLE 56: AS YOU CONSISTENTLY RENEW YOUR MIND TO GOD'S TRUTH, YOUR FAITH IN GOD WILL GROW.

KEY PRINCIPLE 57: YOU BECOME MISERABLE BECAUSE OF WHAT YOU ALLOW YOURSELF TO THINK ABOUT WHAT IS HAPPENING TO YOU.

KEY PRINCIPLE 58: IF YOU DO NOT TAKE YOUR WRONG THOUGHTS CAPTIVE, YOUR WRONG THOUGHTS WILL TAKE YOU CAPTIVE.

KEY PRINCIPLE 59: GOD PLACES HIS TRUTH INTO YOUR MIND WHICH THEN IN TURN PLACES HIS TRUTH INTO YOUR BRAIN.

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- KEY PRINCIPLE 60: WHAT YOU THINK IN YOUR MIND PHYSICALLY CHANGES WHAT IS IN YOUR BRAIN.
- KEY PRINCIPLE 61: YOUR FAITH IN GOD CREATES A NEUROLOGICAL PROPENSITY TO FURTHER TRUST GOD WITH YOUR LIFE.
- KEY PRINCIPLE 62: HOW YOU SEE LIFE IMPACTS HOW YOU WILL LIVE LIFE.
- KEY PRINCIPLE 63: THE DIRECTION OF YOUR LIFE WILL ALWAYS DETERMINE THE DESTINATION OF YOUR LIFE.
- KEY PRINCIPLE 64: TO THE PERSON WHO IS REALLY WISE, LATER IS NOW.
- KEY PRINCIPLE 65: EVERY CHOICE CREATES SPECIFIC CONSEQUENCES.
- KEY PRINCIPLE 66: BAD DECISIONS WILL ALWAYS TAKE A TOLL ON YOU BOTH PHYSICALLY AND EMOTIONALLY.
- KEY PRINCIPLE 67: YOU HAVE TO CHOOSE WHAT YOU WANT FOR YOUR LIFE – GOD’S BEST OR YOUR BEST.
- KEY PRINCIPLE 68: JUST ONE GODLY TRUTH HAS THE POWER TO OVERCOME MANY UNGODLY LIES.
- KEY PRINCIPLE 69: YOU MUST LEARN HOW TO DISCONNECT YOUR MIND FROM YOUR WRONG THOUGHTS.
- KEY PRINCIPLE 70: GOD’S TRUTH IS ALWAYS YOUR BATTLE PLAN.
- KEY PRINCIPLE 71: YOU MUST LEARN HOW TO CONTROL WHAT YOU ALLOW INTO YOUR MIND.
- KEY PRINCIPLE 72: YOU MUST THINK ABOUT WHAT GOD WANTS IN YOUR LIFE BEFORE IT CAN BE DEVELOPED IN YOUR LIFE.
- KEY PRINCIPLE 73: SPIRITUAL SUCCESS BEGINS WITH A SPIRITUAL MINDSET.
- KEY PRINCIPLE 74: THE THINKING PATTERNS THAT YOU CREATE IN YOUR MIND MOLD THE DIRECTION OF YOUR LIFE.
- KEY PRINCIPLE 75: INPUT DETERMINES OUTCOME
- KEY PRINCIPLE 76: WHAT CONSUMES YOUR MIND CONSUMES YOUR LIFE.
- KEY PRINCIPLE 77: BAD BEHAVIORS ARE SIMPLY BAD HABITS THAT YOU HAVE DEVELOPED IN YOUR LIFE.
- KEY PRINCIPLE 78: THE MORE YOU THINK LIKE GOD THINKS, THE MORE INSTINCTIVE AND INTUITIVE HIS THINKING BECOMES TO YOU.
- KEY PRINCIPLE 79: YOU MUST LEARN TO REJECT WRONG THOUGHTS AND THEN REPLACE THEM WITH GOD’S THOUGHTS.
- KEY PRINCIPLE 80: YOUR LIFE IS ALWAYS HEADED IN THE DIRECTION OF YOUR STRONGEST THOUGHTS.
- KEY PRINCIPLE 81: GOD’S WORD HAS GOD’S PERFECT SOLUTIONS FOR YOUR STRUGGLES.
- KEY PRINCIPLE 82: WHEN GOD IS DIRECTING YOUR LIFE, YOU CANNOT LOSE.
- KEY PRINCIPLE 83: WHEN YOU HAVE A SPIRITUAL MINDSET, IT ACTUALLY CHANGES THE MEANING OF YOUR CIRCUMSTANCES.
- KEY PRINCIPLE 84: SPIRITUAL POWER IS HAVING A CLEAR PERSPECTIVE AND UNDERSTANDING ABOUT WHAT GOD SAYS IS IMPORTANT IN YOUR LIFE.
- KEY PRINCIPLE 85: GOD’S POWER IS IMPLANTED IN HIS WORD, BUT IT IS “ACTIVATED” BY YOUR CONFIDENCE IN IT.
- KEY PRINCIPLE 86: THE MORE YOU COMPLAIN ABOUT YOUR DIFFICULT CIRCUMSTANCES, THE MORE QUICKLY YOU WILL MOVE AWAY FROM GOD.
- KEY PRINCIPLE 87: IF HAPPINESS IS WHAT YOU MUST HAVE, THEN YOU WILL RARELY, IF EVER, BE TRULY HAPPY.
- KEY PRINCIPLE 88: PEOPLE WHO ARE ALWAYS SEEKING HAPPINESS ARE RARELY SEEKING GOD.
- KEY PRINCIPLE 89: THE MORE OF GOD’S ABIDING JOY THAT YOU HAVE, THE LESS OF THE WORLD’S FLEETING HAPPINESS YOU WILL NEED.
- KEY PRINCIPLE 90: TRIALS TEST YOUR FAITH IN ORDER TO PROVE YOUR FAITH.
- KEY PRINCIPLE 91: YOU DO NOT HAVE TO UNDERSTAND EVERYTHING ABOUT HOW GOD WORKS TO TRUST HIM.
- KEY PRINCIPLE 92: YOU MUST LEARN TO BE CONTENT WITH WHATEVER GOD ALLOWS IN YOUR LIFE.

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- KEY PRINCIPLE 93: SPIRITUAL DISCIPLINES CREATE NEURAL PATHWAYS THAT GREATLY STRENGTHEN YOUR SPIRITUAL LIFE.
- KEY PRINCIPLE 94: YOU MUST CHOOSE TO DISCIPLINE YOURSELF TO THINK LIKE GOD THINKS.
- KEY PRINCIPLE 95: MAKING SPIRITUAL PROGRESS IS ALWAYS BASED ON MAKING SPIRITUAL CHANGES.
- KEY PRINCIPLE 96: MAKING SMALL CHANGES IS THE STARTING PLACE FOR MAKING IMPORTANT CHANGES.
- KEY PRINCIPLE 97: UNTIL YOU CHANGE WHAT NEEDS TO BE CHANGED, NOTHING WILL CHANGE.
- KEY PRINCIPLE 98: DO NOT ASK GOD TO CHANGE SOMEONE ELSE FOR YOU, BUT ASK GOD THAT HE WILL CHANGE YOU FOR SOMEONE ELSE.
- KEY PRINCIPLE 99: YOU HAVE TO CREATE A NEURAL PATHWAY FOR WHAT GOD WANTS YOU TO BECOME.
- KEY PRINCIPLE 100: YOU HAVE TO RESOLVE TO BREAK THE NEGATIVE PATTERNS AND HABITS IN YOUR LIFE.
- KEY PRINCIPLE 101: YOUR LIFE IS ALWAYS BUILT ON AND REFLECTED IN THE CHOICES THAT YOU MAKE.
- KEY PRINCIPLE 102: FOLLOWING CHRIST WILL ALWAYS COST YOU SOMETHING, AND IF IT DOES NOT, THEN YOU ARE NOT FOLLOWING CHRIST.
- KEY PRINCIPLE 103: GOD WILL NOT LET YOU STAY LIKE YOU ARE WHEN WHAT YOU ARE DOING IS WRONG.
- KEY PRINCIPLE 104: YOU ONLY GET TO KEEP WHAT YOU GIVE AWAY.
- KEY PRINCIPLE 105: IF YOU NEVER THINK ABOUT GOD, THEN HE WILL NEVER IMPACT YOUR LIFE.
- KEY PRINCIPLE 106: IF YOU ALWAYS FOCUS ON WHAT IS WRONG, YOU WILL NEVER SEE WHAT IS RIGHT.
- KEY PRINCIPLE 107: YOU HAVE TO TEACH AND DISCIPLINE YOURSELF TO THINK GODLY AND TO BE OBEDIENT.
- KEY PRINCIPLE 108: NEGATIVE EMOTIONS ARE A MENTAL PRISON THAT GREATLY DAMAGE YOUR RELATIONSHIPS WITH PEOPLE.
- KEY PRINCIPLE 109: YOU FIND OUT WHAT GOD SAYS ABOUT AN ISSUE AND THEN YOU BUILD YOUR LIFE AROUND THAT TRUTH.
- KEY PRINCIPLE 110: YOU MUST FIRST LEARN THE TRUTH FOR YOUR LIFE, THEN YOU MUST APPLY THE TRUTH TO YOUR LIFE.
- KEY PRINCIPLE 111: THE CHRISTIAN LIFE IS BUILT AROUND CONSTANTLY REPROGRAMMING YOUR MIND TO THINK LIKE GOD THINKS.
- KEY PRINCIPLE 112: IF YOU WILL DISCIPLINE YOUR MIND TO THINK GODLY NOW, YOU WILL BE INCLINED TO THINK GODLY LATER.
- KEY PRINCIPLE 113: GOD ALWAYS HAS A BETTER PLAN FOR YOUR LIFE THAN YOU DO.
- KEY PRINCIPLE 114: YOU ONLY GET OUT OF YOUR LIFE WHAT YOU PUT INTO YOUR LIFE.
- KEY PRINCIPLE 115: IF YOU BELIEVE A LIE, IT BECOMES A TRUTH TO YOU.
- KEY PRINCIPLE 116: THE PERSON WHO PUSHES YOU TOWARD GODLINESS AND FAITH IS THE PERSON WHO CARES THE MOST ABOUT YOU.
- KEY PRINCIPLE 117: YOU CAN NEVER BE HELPED BY SOMETHING OR SOMEONE YOU DO NOT ACTUALLY TRUST OR BELIEVE.
- KEY PRINCIPLE 118: IF YOUR TONGUE IS OUT OF CONTROL, YOUR LIFE IS OUT OF CONTROL.
- KEY PRINCIPLE 119: THE END RESULT OF BAD THINKING IS ALWAYS BAD RESULTS.
- KEY PRINCIPLE 120: WHAT YOU THINK ABOUT YOUR PROBLEMS WILL GREATLY IMPACT WHAT YOU DO ABOUT YOUR PROBLEMS.
- KEY PRINCIPLE 121: YOU SHOULD ALWAYS BE LOOKING FOR THE GOODNESS OF GOD IN EVERYTHING THAT HAPPENS IN YOUR LIFE.
- KEY PRINCIPLE 122: WHEN YOU ALLOW GOD TO BECOME YOUR LIFE, THERE IS NOTHING THAT CAN TRAP YOU.

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- KEY PRINCIPLE 123: THE MORE YOU DWELL ON YOUR PROBLEMS, THE DEEPER BECOME THEIR ROOTS, AND THE LESS YOU SEE GOD'S SOLUTIONS.
- KEY PRINCIPLE 124: IF YOU BELIEVE SATAN'S LIES, YOU WILL ACT ON THEM AS A RESOLUTION TO SOLVE YOUR PROBLEMS.
- KEY PRINCIPLE 125: YOU CANNOT STOP THE DEVIL FROM TELLING YOU HIS LIES, BUT YOU CAN STOP BELIEVING THE LIES.
- KEY PRINCIPLE 126: THE WORD OF GOD WILL NOT HELP YOU IF YOU DO NOT KNOW IT, BELIEVE IT, AND APPLY IT TO YOUR LIFE.
- KEY PRINCIPLE 127: THE END RESULT OF RESISTING GOD IS THAT YOUR PROBLEMS ONLY BECOME WORSE, NOT BETTER.
- KEY PRINCIPLE 128: THE PATH OF LEAST RESISTANCE WILL ALWAYS HINDER YOUR CHRISTIAN LIFE THE MOST
- KEY PRINCIPLE 129: GODLY VALUES LEAD TO GODLY THOUGHTS AND GODLY THOUGHTS LEAD TO GODLY RESULTS.
- KEY PRINCIPLE 130: YOU ARE NEVER SAFER THAN WHEN YOU ARE GENUINELY TRUSTING GOD IN YOUR DIFFICULT MOMENTS.
- KEY PRINCIPLE 131: WRONG THINKING WILL ALWAYS CREATE SPIRITUAL STRONGHOLDS IN YOUR LIFE THAT WILL DESTROY YOUR LIFE.
- KEY PRINCIPLE 132: THE MORE YOUR PERSONAL IDEAS CONTROL YOUR LIFE, THE MORE CONTROL THE ENEMY WILL HAVE OVER YOUR LIFE.
- KEY PRINCIPLE 133: YOU MUST DISCIPLINE AND TRAIN YOUR MIND TO SEE GOD'S HAND IN EVERYTHING THAT HAPPENS IN YOUR LIFE.
- KEY PRINCIPLE 134: IF YOU DESIRE GOD'S BLESSINGS ON YOUR LIFE, THEN YOU MUST YIELD TO HIS TESTING OF YOUR FAITH.
- KEY PRINCIPLE 135: WHAT YOUR MIND IS THINKING IS WHAT YOUR BRAIN IS BUILDING.
- KEY PRINCIPLE 136: YOU CANNOT IGNORE GOD AND HIS WORD AND HAVE HIS BLESSINGS ON YOUR LIFE.
- KEY PRINCIPLE 137: EVERY STRONGHOLD YOU ALLOW THE ENEMY TO CREATE IN YOUR LIFE, THE GREATER CONTROL YOU GIVE HIM OVER YOUR LIFE.
- KEY PRINCIPLE 138: THE MORE YOU ACCEPT SATAN'S LIES, THE MORE HIS LIES WILL DICTATE AND CONTROL YOUR ENTIRE LIFE AND BEHAVIOR.
- KEY PRINCIPLE 139: THINKING IN AN UNGODLY WAY CHANGES YOUR THINKING INTO IGNORANCE.
- KEY PRINCIPLE 140: IF YOU THINK THAT YOU HAVE TO BE IN CONTROL OF EVERYTHING, THEN YOU HAVE BEEN DECEIVED BY THE ENEMY.
- KEY PRINCIPLE 141: THE CHANGES THAT GOD WANTS TO MAKE IN YOUR LIFE EVER COME FROM YOU, BUT DIRECTLY FROM HIS WORD.
- KEY PRINCIPLE 142: THOUGHTS ARE SO POWERFUL THAT THEY CREATE WORDS, ACTIONS, AND BEHAVIORS IN YOUR LIFE.
- KEY PRINCIPLE 143: THE DEVIL'S STRONGHOLDS ARE WHAT CREATE THE MOST DESTRUCTIVE EFFECTS ON YOUR LIFE.
- KEY PRINCIPLE 144: BAD WORDS ALWAYS CREATE BAD RESULTS.
- KEY PRINCIPLE 145: WHEN YOU GUARD YOUR TONGUE, YOU GUARD YOUR LIFE.
- KEY PRINCIPLE 146: WHAT AND HOW YOU THINK IS ALWAYS A CHOICE THAT YOU MUST LEARN TO MAKE.
- KEY PRINCIPLE 147: YOUR LIFE WILL NEVER RISE ABOVE YOUR THOUGHT LIFE.
- KEY PRINCIPLE 148: YOUR THINKING WILL ALWAYS GRAVITATE TO WHAT YOU WANT TO DO.
- KEY PRINCIPLE 149: WHEN YOU TRY TO OUTWIT AND OUTSMART THE DEVIL, YOU LOSE.
- KEY PRINCIPLE 150: IT IS YOUR RESPONSIBILITY TO MAKE THE RIGHT CHOICE IN YOUR MIND TO DO THE RIGHT THING IN YOUR LIFE.

## KEY PRINCIPLES - CONNECTING MY MIND WITH MY LIFE

- KEY PRINCIPLE 151: YOU CANNOT REMOVE THE WORD OF GOD FROM THE PROCESS OF LIVING AND THINKING AND BE SPIRITUALLY SUCCESSFUL.
- KEY PRINCIPLE 152: IF YOU KEEP DOING THE WRONG THINGS, THEN YOU HVE NO CONTROL OVER THE NEURAL PATHWAYS BEING CREATED IN YOUR BRAIN.
- KEY PRINCIPLE 153: IF YOU THINK WRONG, YOU WILL DO WRONG.
- KEY PRINCIPLE 154: YOU CAN BELIEVE THE DEVIL'S LIES FOR SO LONG THAT YOU BECOME UNABLE AND UNWILLING TO BELIEVE GOD'S TRUTH.
- KEY PRINCIPLE 155: SOME TIMES GOOD THINGS HAVE TO FALL APART SO THAT BETTER THINGS CAN FALL TOGETHER.
- KEY PRINCIPLE 156: ANGER ONLY CREATES MORE ANGER.
- KEY PRINCIPLE 157: WHEN YOU GIVE SOMEONE A PIECE OF YOUR MIND, YOU ROB YOUR MIND OF PEACE.
- KEY PRINCIPLE 158: YOU HAVE TO TRUST THAT GOD IS WORKING IN YOUR LIFE EVEN WHEN YOU MAY NOT SEE HIM WORKING.
- KEY PRINCIPLE 159: YOU CAN ALWAYS FIND WHAT YOU ARE LOOKING FOR IN SOMEONE ELSE'S LIFE – EITHER GOOD OR BAD.
- KEY PRINCIPLE 160: IF YOU ALWAYS FOCUS ON YOUR PROBLEM, YOU WILL NOT SEE GOD AT WORK IN YOUR LIFE.
- KEY PRINCIPLE 161: GOS IS ALWAYS ENOUGH AND HE IS ALWAYS BIGGER THAN YOUR PROBLEMS.
- KEY PRINCIPLE 162: GENUINELY PRAISING GOD FOR YOUR PROBLEMS HELPS YOU TO SEE THROUGH YOUR PROBLEMS.
- KEY PRINCIPLE 163: THE MORE YOU FOCUS ON YOUR PROBLEMS THE MORE YOU WILL BE OVERWHELMED BY YOUR PROBLEMS.
- KEY PRINCIPLE 164: YOU WANT TO SHAPE YOUR ENTIRE LIFE AROUND GOD'S TRUTH AND LET HIS TRUTH BE WHAT GOVERNS YOUR EMOTIONS.
- KEY PRINCIPLE 165: WHEN ANGER GETS THE BEST OF YOU, IT ALWAYS REVEALS THE WORST IN YOU.
- KEY PRINCIPLE 166: BECOMING ANGRY WHEN IT IS NOT JUSTIFIED BECOMES A LEARNED AND PREFERRED BEHAVIOR.
- KEY PRINCIPLE 167: WHEN YOU EXPRESS ANGER ON THE OUTSIDE, IT IS EVIDENCE YOU LACK SELF CONTROL ON THE INSIDE.
- KEY PRINCIPLE 168: ANGER IN THE MIND CREATES SICKNESS IN THE BODY.
- KEY PRINCIPLE 169: WHEN YOU ARE NOT ABLE TO CONTROL YOUR ANGER, YOU LITERALLY BECOME A SLAVE TO ANGER.
- KEY PRINCIPLE 170: ANGER NEVER RESOLVES AN ISSUE. BUT ONLY MAKES THE ISSUE WORSE.
- KEY PRINCIPLE 171: THE MORE ANGRY OF A PERSON THAT YOU BECOME, THE LESS MEANINGFUL RELATIONSHIPS YOU CAN HAVE.
- KEY PRINCIPLE 172: THE MORE ANGRY YOU BECOME WITH SOMEONE, THE LESS INFLUENCE YOU WILL HAVE WITH THAT PERSON.
- KEY PRINCIPLE 173: GOD DOES NOT ACCEPT JUSTIFYING OR BLAMING YOUR OUTBURSTS OF ANGER ON SOMEONE ELSE.
- KEY PRINCIPLE 174: BREVITY OF COMMUNICATION REDUCES CONFLICT.
- KEY PRINCIPLE 175: THE MORE ANGRY YOU BECOME, THE MORE PROBLEMS YOU CREATE.
- KEY PRINCIPLE 176: GOD IS USING THE ANGER YOU MAY FEEL ON THE INSIDE TO HELP YOU HARNESS IT, NOT EXPRESS IT.
- KEY PRINCIPLE 177: YOU WILL NEVER FIND GOD'S PEACE BY RETALIATING OR REACTING INAPPROPRIATELY TO SOMEONE ELSE'S MISGUIDED BEHAVIOR.
- KEY PRINCIPLE 178: DO NOT USE HURTFUL WORDS THAT INCITE ANGER, BUT USE KIND AND TENDERE WORDS THAT DEFUSE ANGER.

## **KEY PRINCIPLES - CONNECTING MY MIND WITH MY LIFE**

KEY PRINCIPLE 179: THERE IS NEVER ANYTHING GOOD THAT WILL HAPPEN WHEN YOU USE ANGRY WORDS.

KEY PRINCIPLE 180: ANGER ALWAYS NEGATIVELY IMPACTS YOUR THINKING, YOUR EMOTIONS, YOUR AFFECTIONS, YOUR WORDS AND YOUR ACTIONS.

KEY PRINCIPLE 181: IF YOU WANT TO GET RID OF ANGER IN YOUR LIFE, THEN YOU HAVE TO FIRST GET RID OF ANGER IN YOUR MIND.

KEY PRINCIPLE 182: GOD'S SIMPLE CURE FOR ANGER IS TO PUT AWAY WHAT IS WRONG AND REPLACE IT WITH WHAT IS RIGHT.

KEY PRINCIPLE 183: YOU NEED TO LEARN HOW TO LOVE DIFFICULT PEOPLE WITH YOUR WORDS.

KEY PRINCIPLE 184: IF YOU WANT TO ELIMINATE UNNECESSARY CONFLICT, THEN JUST ELIMINATE YOUR ANGER.

KEY PRINCIPLE 185: YOU HAVE TO TAKE OWNERSHIP OF YOUR ANGRY WORDS SIMPLY BECAUSE THEY ARE YOUR WORDS.

KEY PRINCIPLE 186: THE MORE THAT YOU ARE PRONE TO SPEAK YOUR MIND, THE LESS HOPE THERE IS FOR YOU.

KEY PRINCIPLE 187: SELF-CONTROL IS GOD'S CURE FOR ANGER.

KEY PRINCIPLE 188: IF SOMEONE ELSE THINKS THAT YOU ARE A HOTHEAD AND AN ANGRY PERSON, THEN YOU PROBABLY ARE.

KEY PRINCIPLE 189: GOD WILL NOT CONTROL YOUR ANGER FOR YOU. IT IS A SPIRITUAL CHOICE THAT YOU MAKE TO YIELD THIS AREA OF YOUR LIFE TO HIM.

KEY PRINCIPLE 190: A STRESSOR IS WHAT HAPPENS TO YOU. STRESS IS HOW YOU RESPOND TO WHAT HAPPENS TO YOU.

KEY PRINCIPLE 191: YOU HAVE TO BECOME VERY INTENTIONAL ABOUT OFFERING GRACE THROUGH YOUR WORDS.

KEY PRINCIPLE 192: IF YOU FAIL TO OFFER GRACE TO THE PEOPLE YOU ARE SPEAKING WITH, YOU NO LONGER HAVE AN AUDIENCE.

KEY PRINCIPLE 193: STRESS AND WORRY ALWAYS BEGIN WITH WRONG THINKING.

KEY PRINCIPLE 194: WORRY IS THE OUTWARD EVIDENCE OF THE ENEMY'S INWARD ATTACK ON YOUR MIND.

KEY PRINCIPLE 195: NOT EVERYTHING THAT SEEMS SO NECESSARY TO DO IS ACTUALLY NECESSARY TO DO AT ALL.